



TYNESIDE GOLF CLUB



COURSE RATING™ & SLOPE RATING® TABLE

(Valid from 1st April 2024)



MEN

Course Rating™: 69.7
Slope Rating®: 130
Par: 70

MEN

Course Rating™: 68.6
Slope Rating®: 127
Par: 70

MEN

Course Rating™: 67.0
Slope Rating®: 120
Par: 70

WOMEN

Course Rating™: 72.6
Slope Rating®: 132
Par: 73

Handicap Index®	Course Handicap™
+5.0 to +4.6	+6
+4.5 to +3.7	+5
+3.6 to +2.8	+4
+2.7 to +2.0	+3
+1.9 to +1.1	+2
+1.0 to +0.2	+1
+0.1 to 0.6	0
0.7 to 1.5	1
1.6 to 2.4	2
2.5 to 3.3	3
3.4 to 4.1	4
4.2 to 5.0	5
5.1 to 5.9	6
6.0 to 6.7	7
6.8 to 7.6	8
7.7 to 8.5	9
8.6 to 9.3	10
9.4 to 10.2	11
10.3 to 11.1	12
11.2 to 11.9	13
12.0 to 12.8	14
12.9 to 13.7	15
13.8 to 14.6	16
14.7 to 15.4	17
15.5 to 16.3	18
16.4 to 17.2	19
17.3 to 18.0	20
18.1 to 18.9	21
19.0 to 19.8	22
19.9 to 20.6	23
20.7 to 21.5	24
21.6 to 22.4	25
22.5 to 23.2	26
23.3 to 24.1	27
24.2 to 25.0	28
25.1 to 25.9	29
26.0 to 26.7	30
26.8 to 27.6	31
27.7 to 28.5	32
28.6 to 29.3	33
29.4 to 30.2	34
30.3 to 31.1	35
31.2 to 31.9	36
32.0 to 32.8	37
32.9 to 33.7	38
33.8 to 34.5	39
34.6 to 35.4	40
35.5 to 36.3	41
36.4 to 37.2	42
37.3 to 38.0	43
38.1 to 38.9	44
39.0 to 39.8	45
39.9 to 40.6	46
40.7 to 41.5	47
41.6 to 42.4	48
42.5 to 43.2	49
43.3 to 44.1	50
44.2 to 45.0	51
45.1 to 45.8	52
45.9 to 46.7	53
46.8 to 47.6	54
47.7 to 48.5	55
48.6 to 49.3	56
49.4 to 50.2	57
50.3 to 51.1	58
51.2 to 51.9	59
52.0 to 52.8	60
52.9 to 53.7	61
53.8 to 54.0	62

Handicap Index®	Course Handicap™
+5.0 to +4.6	+7
+4.5 to +3.7	+6
+3.6 to +2.8	+5
+2.7 to +1.9	+4
+1.8 to +1.0	+3
+0.9 to +0.1	+2
0.0 to 0.8	+1
0.9 to 1.6	0
1.7 to 2.5	1
2.6 to 3.4	2
3.5 to 4.3	3
4.4 to 5.2	4
5.3 to 6.1	5
6.2 to 7.0	6
7.1 to 7.9	7
8.0 to 8.8	8
8.9 to 9.6	9
9.7 to 10.5	10
10.6 to 11.4	11
11.5 to 12.3	12
12.4 to 13.2	13
13.3 to 14.1	14
14.2 to 15.0	15
15.1 to 15.9	16
16.0 to 16.8	17
16.9 to 17.7	18
17.8 to 18.5	19
18.6 to 19.4	20
19.5 to 20.3	21
20.4 to 21.2	22
21.3 to 22.1	23
22.2 to 23.0	24
23.1 to 23.9	25
24.0 to 24.8	26
24.9 to 25.7	27
25.8 to 26.6	28
26.7 to 27.4	29
27.5 to 28.3	30
28.4 to 29.2	31
29.3 to 30.1	32
30.2 to 31.0	33
31.1 to 31.9	34
32.0 to 32.8	35
32.9 to 33.7	36
33.8 to 34.6	37
34.7 to 35.5	38
35.6 to 36.3	39
36.4 to 37.2	40
37.3 to 38.1	41
38.2 to 39.0	42
39.1 to 39.9	43
40.0 to 40.8	44
40.9 to 41.7	45
41.8 to 42.6	46
42.7 to 43.5	47
43.6 to 44.3	48
44.4 to 45.2	49
45.3 to 46.1	50
46.2 to 47.0	51
47.1 to 47.9	52
48.0 to 48.8	53
48.9 to 49.7	54
49.8 to 50.6	55
50.7 to 51.5	56
51.6 to 52.4	57
52.5 to 53.2	58
53.3 to 54.0	59

Handicap Index®	Course Handicap™
+5.0 to +4.3	+8
+4.2 to +3.3	+7
+3.2 to +2.4	+6
+2.3 to +1.5	+5
+1.4 to +0.5	+4
+0.4 to 0.4	+3
0.5 to 1.4	+2
1.5 to 2.3	+1
2.4 to 3.2	0
3.3 to 4.2	1
4.3 to 5.1	2
5.2 to 6.1	3
6.2 to 7.0	4
7.1 to 8.0	5
8.1 to 8.9	6
9.0 to 9.8	7
9.9 to 10.8	8
10.9 to 11.7	9
11.8 to 12.7	10
12.8 to 13.6	11
13.7 to 14.5	12
14.6 to 15.5	13
15.6 to 16.4	14
16.5 to 17.4	15
17.5 to 18.3	16
18.4 to 19.3	17
19.4 to 20.2	18
20.3 to 21.1	19
21.2 to 22.1	20
22.2 to 23.0	21
23.1 to 24.0	22
24.1 to 24.9	23
25.0 to 25.8	24
25.9 to 26.8	25
26.9 to 27.7	26
27.8 to 28.7	27
28.8 to 29.6	28
29.7 to 30.6	29
30.7 to 31.5	30
31.6 to 32.4	31
32.5 to 33.4	32
33.5 to 34.3	33
34.4 to 35.3	34
35.4 to 36.2	35
36.3 to 37.1	36
37.2 to 38.1	37
38.2 to 39.0	38
39.1 to 40.0	39
40.1 to 40.9	40
41.0 to 41.9	41
42.0 to 42.8	42
42.9 to 43.7	43
43.8 to 44.7	44
44.8 to 45.6	45
45.7 to 46.6	46
46.7 to 47.5	47
47.6 to 48.4	48
48.5 to 49.4	49
49.5 to 50.3	50
50.4 to 51.3	51
51.4 to 52.2	52
52.3 to 53.2	53
53.3 to 54.0	54

Handicap Index®	Course Handicap™
+5.0 to +4.4	+6
+4.3 to +3.6	+5
+3.5 to +2.7	+4
+2.6 to +1.8	+3
+1.7 to +1.0	+2
+0.9 to +0.1	+1
0.0 to 0.7	0
0.8 to 1.6	1
1.7 to 2.4	2
2.5 to 3.3	3
3.4 to 4.1	4
4.2 to 5.0	5
5.1 to 5.9	6
6.0 to 6.7	7
6.8 to 7.6	8
7.7 to 8.4	9
8.5 to 9.3	10
9.4 to 10.1	11
10.2 to 11.0	12
11.1 to 11.8	13
11.9 to 12.7	14
12.8 to 13.6	15
13.7 to 14.4	16
14.5 to 15.3	17
15.4 to 16.1	18
16.2 to 17.0	19
17.1 to 17.8	20
17.9 to 18.7	21
18.8 to 19.6	22
19.7 to 20.4	23
20.5 to 21.3	24
21.4 to 22.1	25
22.2 to 23.0	26
23.1 to 23.8	27
23.9 to 24.7	28
24.8 to 25.5	29
25.6 to 26.4	30
26.5 to 27.3	31
27.4 to 28.1	32
28.2 to 29.0	33
29.1 to 29.8	34
29.9 to 30.7	35
30.8 to 31.5	36
31.6 to 32.4	37
32.5 to 33.3	38
33.4 to 34.1	39
34.2 to 35.0	40
35.1 to 35.8	41
35.9 to 36.7	42
36.8 to 37.5	43
37.6 to 38.4	44
38.5 to 39.2	45
39.3 to 40.1	46
40.2 to 41.0	47
41.1 to 41.8	48
41.9 to 42.7	49
42.8 to 43.5	50
43.6 to 44.4	51
44.5 to 45.2	52
45.3 to 46.1	53
46.2 to 46.9	54
47.0 to 47.8	55
47.9 to 48.7	56
48.8 to 49.5	57
49.6 to 50.4	58
50.5 to 51.2	59
51.3 to 52.1	60
52.2 to 52.9	61
53.0 to 53.8	62
53.9 to 54.0	63

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.
Play with the Course Handicap in the right column which corresponds with that range.
Please make sure the tees you are playing correspond with the tees this table applies to.

Certificate Number:1017726